

Monte
Skin Care & Day Spa
relax your body and soul

TREATMENT MENU

Skin Care

* Spa Facial 1hr - **R170**
Facial tailored to suit your skin needs
* Ultra Hydro Facial 1hr - R190
hydrate, nourish and stimulate skin cells while soothing the skin.
* Destress cooling facial 1hr - R190
help to reduce inflammation and contribute to stress relief.
* Chocolate masque Facial 1hr - R190
Softens the skin, leaving it with a radiant glow, feeling relaxed.
* Deep Peel AHA facial 75min - R210
Cell renewal, firming and soothing properties on the skin
* High frequency - R300
1hr 30min for acne, oily skin, dead skin cells and dark circles.
* High Frequency 15 treatment - R3500
* Galvanic Facial - R300
1hr 30 min non-surgical face lift to make wrinkles smooth and muscles tight,
it makes your skin glow andd looks tight.
Galvanic 15 treatments - R3500

Holistic Therapy

*Swedish Massage
60min Full body - R350
30min Back and Neck - R170
* Deep Tissue Massage
60min Full body - R370
30min Back and Neck - R180
* Hot Stone Massage
60min Full body - R390
30min Back and Neck - R190
* Aromatherapy Massage
75min Full body - R400
45min Back and Neck - R200
* Candle Massage
75min Full body - R400
45min Back and Neck - R200
* Indian Head Massage - R150
* Reflexology - R150

Anti-ageing

* Hydro lift facial 75min - R280
Simultaneous lifting and rehydration
* Wrinkle relaxant facial 75min - R280
immobilises the expression lines and reconstructs the epidermis to reduce the depth of wrinkes.
* Skin tone corrector facial 75min - R210
Clear age spots and discolouration

Cell: 081 820 1551
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Website: montedayspa.WebStarts.com

Waxing

Lip/ Chin/ Brow	R30
Eyebrows, Upper Lip & Chin	R80
Eyebrows and Upper Lip	R50
Full Facial	R100
Bikini linc	R70
Brazilian	R180
Hollywood	R200
Chest/ Back	R100
Full Leg - Ladies	R150
Full Leg - Gents	R180
Half Leg - Ladies	R120
Half Leg - Gents	R140
Full Arm	R90
Half Arm	R60
Under Arm	R70

FINISHING TOUCHES

Eyebrow Shape and Tint	R70
Eyebrow and Lash tint	R100
Eyebrow Tint	R40
Eyelash Tint	R60
Lash & Brow Tint & Brow Shape	R120
Lash Extension	R180
Lash Extension Fill	R90-150
Lash Extension Removal	R100

SPA PACKAGES (Save 10%)

Begin your journey with a feet soak the mind and soul, followed by your specialised full body massage and a hydrating facial to hydrate, nourish and stimulate skin cells while soothing the skin, finish your journey with a specialised manicure and pedicure to help maintain healthy hands, feet & nails

Spa packages

1. Monte's Retreat and Restore 3hr 15min
Reflexology
Manicure
Full body Swedish massage
Hydrating Facial — R720

2. Monte's Unwind and Relax 3hr 15min
Manicure with Paraffin wax
Pedicure with Paraffin wax
Aromatherapy Full Body Massage — R700

3. Monte's pure bliss 3hr 1- 45min
Full Body Hot Stone Massage
Manicure
Pedicure
Hydrating Facial — R755

4. Monte's Candle Heaven 4hr 15min
Full Body Candle Massage
Manicure with Paraffin wax
Pedicure with Paraffin Wax
Hydrating Facial — R855

Hand & Feet treatment

HANDS

* 45min Spa Manicure R130
Inludes exfoliation, nail care, massage & nail vanish
* Male Manicure R150
Includes exfoliation, nail care massage & nail vanish
*60min Paraffin Wax Manicure R180
Treatment manicure paraffin dip

FEET

* 45min Spa Pedicure R150
Includes exfoliation, nail care, massage & nail vanish
* Male Pedicure R170
Includes exfoliation, nail care, massage & nail vanish
* 60min Paraffin Wax Pedicure R200
Treatment pedicure with paraffin dip

SPA PARTIES

* Bridal spa perty R500 per person
* Baby shower spa party R500 per person
* Birthday spa party R500 per person
* Ladies day out R500 per person
(All include spa facial, manicure & cake)

* Little princess spa party R400 per child,
(Include mini facial, mini manicure, princess make up & cake)

CANCELATION POLICY

As most of our treatments require time for preparation, please give 24 hours 's notice should you wish to cancel.
A 50% non-refundable deposit it will be required to secure all group bookings.

TREATMENT

Please arrive10-15 minutes prior to all appointments, to allow time to complete a consultation form. Towels, robes, slippers and disposable underwear are supplied for your convenience. Please inform your therapist of any health conditions that they can advice accordingly to any treatment that can be contrary to that condition.