
BALANCE YOUR LIFE



Attaining balance is important in your life. However, I do not think people understand how critical achieving a balanced life is. A life

WITHOUT balance produces **DYSFUNCTION**.

Too much of anything is not a good thing. For example, absorbing too much water causes floods and drowning. Eating too much food will cause stomach aches and bloating. Receiving too much sun will cause you to have sun burn. I could go on and on but you get the point.

**BALANCE IS
NOT
SOMETHING
YOU FIND. IT IS
SOMETHING
YOU CREATE.**

JANA KINGSFORD

People become overwhelmed because they are living an **UNBALANCED** life. People become weighed down because they are living an unbalanced life. Unbalance **PREVENTS** movement, progress and stability.

B A L A N C E

When you cannot move forward, stand firm or make improvements it is an **ABOMINATION** to the Lord. The Lord gifted us with the ability to be mobile and when that does not happen He is **NOT** pleased.

Proverbs 11:1 says, "[A false balance is abomination to the Lord: but a just weight is his delight.](#)" A false balance is an **UNBALANCED** life.

When you fail to manage your life and its circumstances it is displeasing to the Lord because it is against everything He stands for. Our God is a God of order! He wants everything to function because everything has a purpose. When things do not happen this way He is **NOT** pleased.

Perfect balancing your life so you won't become an abomination to God. Nothing that God has given you should be neglected. It should be honored, cared for and managed. I invite you to read the teaching called "[the importance of order](#)" to help you keep things in order in your life.

A BALANCED LIFE IS A QUALITY LIFE!

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