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# THE FOUR PILLARS OF COMMUNICATION

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A relationship cannot work without these four pillars. These four pillars are the walls of a relationship. Walls provide parameters for a relationship to abide by in order to be successful.

The first pillar is **COMMUNICATION**. Communication is a

**Relationships become healthy when they are upheld by standards and values. -F.H**

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verbal dialogue that expresses ideas, opinions and perspectives. The purpose of communicating is to **UNDERSTAND** another person's view point, **NOT** to agree with their view point.

The second pillar is **RESPECT**.  
Respect is the demonstration of honor. Honor is being fair to everyone you meet despite how you feel about them or their actions. The purpose of respect is to see people as your equal, **NOT** your subordinate.

The third pillar is **LOVE**. Love is an affectionate attachment to another individual. Love is not a romantic word. It is a term of **ENDEARMENT**. Without love there is no sacrifice. A relationship that is void of love is filled with selfishness.

The fourth pillar is **TRUST**. Trust is having confidence in a person. Trust is the foundation of a relationship. If there is no trust you have nothing to stand on.

Whatever type of relationship you have, these four pillars are essential. You cannot have a quality relationship without these four pillars. Every healthy relationship has **ALL** of these



**The art of communication is the language of leadership.**  
- James Humes

pillars working simultaneously. If your relationship is not healthy it is because there is a crack in one of these pillars. Your job is to find it, discover it and fix it.

Building healthy relationships is a struggle for most people. However, you do not have to be part of this crowd. Learning, studying and developing your behavior to embody and apply these four pillars will **GUARANTEE** your success in relationships.

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