

ADORE PROPHETIC SHARING 2026 (whole year)

PROPHETIC WORDS GIVEN AT ALTON DAY OF RENEWAL

Prophecy isn't primarily about telling the future. It's essentially giving us current insight into God's plan and His Word, calling us back to what's already been revealed in public revelation. The Catechism of the Catholic Church states that although "Revelation is complete, it has not been made completely explicit; it remains for Christian faith gradually to grasp its full significance". (CCC66) Prophecy encourages us and reminds us of the heart of Christianity: of God's love, His mercy and forgiveness through Jesus and His presence with us through the power of the Holy Spirit.

The following words were given at Alton Day of Renewal, and we believe they are from the Lord. But they will not all be relevant for everyone: you need to pray to the Holy Spirit for discernment about whether God is speaking to you personally about something. We hope you find them inspiring, encouraging, or comforting. Although we have prayed and discerned that they are in line with Scripture and the teaching of the Church, please bear in mind that "Private revelations.... do not belong to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history." (CCC67)

****We have discerned that the Words below marked with an asterisk are not strictly speaking prophecies, but are interesting observations.***

ALTON DAY OF RENEWAL WORDS OF PROPHECY 24/1/2026

First Word

I felt the Lord saying that we need to immerse ourselves in His love, like a dry sponge. We cannot take on water unless we become damp and damper. Also, like, a wet sponge, we can't absorb any more until we empty ourselves. So, the follow-up to "Immerse yourself in my love" was, "Pour out, my love, so that I can give you more."

Second Word

The people God has formed for himself need to praise him, worship him, never stop, never cease to pray, on our knees, arms lifted up to God. For us mortals, everything seems to be impossible, but with God everything is possible. Just give everything to God at the altar, surrender to him your fears, worries, sickness, God is with you, God will never abandon his children. "By you I can crush a troop, by my God I can leap over a wall" (Ps 18:29). With the help of God you can walk on the stormy ocean. God will send his Angels to protect you.

Third Word

"I have made up My mind, no longer shall you be forsaken, forgotten, but you will be carried in My arms, tenderly held, comforted. I appeal to you, do not forget Me or forsake Me yourselves, but nurture My life in your soul by spending more time with Me in silence."

Fourth Word

As I was looking at the monstrosity, I just felt the Lord look deep into my soul and the words "Do not be afraid. Do not be afraid. I'm with you. Do not be afraid."

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Fifth Word

“Do not be afraid” also came to me.

Sixth Word

The words I got were: “Do not be afraid. I have come that you would have life in me, life to the full. I'm closer to you than a brother. I know everything about you, and I love you with an everlasting love. Nothing can keep me from you. I want to remove all obstacles that prevent you from receiving my love.”

And I wanted to add that yesterday at Mass and adoration I was praying for ADoRE, for this meeting, and I had a picture of a beaver. I wasn't sure straight away, but then I recognised that they build dams, and I think they stop the water flowing. And it seemed like God wanted to break down the dams, the obstacles so that the flow of the water, the Holy Spirit, could flow into us and out to others and into the world. And then there was that memory of that scripture about, the water flowing and the trees on either side of the bank and the living creatures of every kind, that came forth as well.

Seventh Word

I didn't see the monstrance first. I saw shadows and it was the shadow of the monstrance, and then I watched the back of it, and the word that came up for me was shadows, and then sunset. But immediately, I went to the hymn. It's one of my favourites: “The love I have for you, my lord, is only a shadow of your love for me.” And then immediately, the line of the other hymn “I watch the sunrise lighting the sky, casting its shadows...” and I couldn't get away from that feeling of an overwhelming warmth and the sun coming up. It's there, it's just very gradually coming up but we have to be mindful all the time of the love that he has for us, is greater than our love for Him. And I always remember Cardinal Cantalamessa saying, imagine yourself as a solar panel. You're absorbing the sun, and the sun's feeding off you as well, so it's a mutual thing.

Eighth Word

The word I got was “only a shadow of my love for you.” Also, looking at the Monstrance, the words “Lay everything down before me and all will be well.”

[NB at the end of Fr Chris's talk later in the meeting, he played the hymn “Only a shadow of your love” on the slide show he had prepared in advance.]

Ninth Word

“Didn't I tell you that if you believe, you will see my glory.”

Tenth Word

“I am with you”

Eleventh Word

“Peace, be still.”

Twelfth Word

“You cannot run from love.”

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Thirteenth Word

"I am calling you to go deeper in my love. Do not be afraid. Perfect love casts out fear."

Fourteenth Word

"Behold the lamb of God, Behold He who takes away the sins of the world."

Fifteenth Word*

As Father Chris reminded us, God loves everyone equally so I must think of the many people I am "not keen on" - God Loves them, so I must show love to them too. and welcome them unreservedly. We must also believe God loves us too. So many of us know we must show love to others but do we really believe God LOVES US unreservedly too. For many this is very difficult.

Sixteenth Word

God is good God is truth God is beauty praise Him

Seventeenth Word

This is in response to the earlier prophecy [Second Word above]. "Love me. Tell me you love me. Kiss me when others blaspheme. Smile at me as you pass by. Talk about me as your most treasured possession. Let my light shine through you."

Eighteenth Word

True love is whole, even in suffering and brokenness. Jesus says "Trust in me, surrender to me, do not be afraid, just as I did everything my Father asked of me. Carry my light through you into the darkness of our world. I am with you ALWAYS - never forget this."

Nineteenth Word

"Give to me your wounded heart, Give to me all your sorrows, Give to me everything that disturbs your spirit. I will transform the areas of brokenness in your life by my love."

Twentieth Word

"See and look around when you doubt or falter, as all around nature struggles and fights to witness the Lord. He is always present. He wants your happiness with knowledge of him and to share this."

Twenty first Word

"Be still , don't move, don't feel guilty staying here with me."

Twenty second Word

God is telling me not to be afraid but to go deeper in His love that casts out all fear.

WORDS OF KNOWLEDGE FOR HEALING

Someone who has had a broken bone that isn't healing (2 responses)

Someone with continual stomach aches should go to the doctor. (1)

Woman in a wheelchair should ask for prayer.

Someone with problems with their eyes. (6)

Someone who overeats when stressed. (1)

Someone suffering from severe depression. Pick up the phone and make the call.(1)

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ALTON DAY OF RENEWAL WORDS OF PROPHECY 28/2/2026

First Word

I felt Jesus say "I am the leaven in the dough. I am the leaven in your heart. As I rise, so will the dawning of truth come upon mankind by the power of my Holy Spirit dwelling within each. I am the Way, the Truth and the Life. In me you live and move and have your true being."

Second Word

His gaze makes us beautiful. His gaze illuminates us. His gaze transfigures us. Do not turn away – let him gaze upon you – do not turn away.

Third Word

During Adoration I sensed Father God saying this: "The gospel is my Good News. Your challenge is to live in the glorious freedom that my Son has already purchased for you. He loves you enough to have died for you, but he likes you enough to want to live in eternity with you."

Fourth Word*

I had a sense of holding rock salt, and then with a word HE could cause the oceans to burn. We need perseverance.

Fifth Word

"You should know by now how much I love you. I loved you before the beginning of time and I love you each day you spend with Me, now. No greater love has anyone than this. I laid down My life for you, don't let it be wasted, but make a suitable return of love to Me by loving your brother and your enemies as I did."

Sixth Word

I saw Christ with his arms open wide saying "Come to me all you who are burdened and I will give you rest. Shelter in my arms. Let me enfold you in my love and I will bring you peace."

Seventh Word

I sensed He said, " (your name), I have loved you with an everlasting love."

Eighth Word

I felt the Lord was saying "Draw close to me and I will bless you in ways you cannot imagine."

Ninth Word*

I saw a circle of angels, made of light, spinning round a circle, and moving back and forward trying to signal a sign. I saw this this morning. They were moving so quickly that I couldn't figure out the sign they were making.

Tenth Word*

I had a similar dream about a similar structure like a flower pattern with a bright hue. It was in the clouds---3 layers and each layer was bigger than the next. The 3rd layer encapsulated all the earth. I wrote down also that I saw a person there in the clouds.

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Eleventh Word*

Unity amongst God's people even for the future generations to grow the church.

TESTIMONY OF HEALING

During the prophecy time, someone wrote: "Last month I was prayed re tumours on kidney. This week I was told kidney is alright - no treatment".

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Someone with a very painful left foot (1)
- Someone with neuralgia
- Someone who is receiving revelations believing that they are for themselves, but please take courage and share.
- Someone who has been waiting a long time for God to answer a specific prayer – He wants you to know that He has heard your prayer and is working out His purposes which will be in an unexpected way. (2)
- Someone who feels 'hyper-sensitive' to comments that are made, believing that the comments are directed at them personally. I sense that there is a strong desire to be free of this.
- Someone who is unable to accept that they are loved by God. (1)
- Someone with suicidal thoughts wants to surrender their life to Christ and find comfort. - Through sprinkling water to cleanse you and to remove your heart of stone and receive a heart of flesh - Ezekiel 36
- Someone pursuing a calling to serve God - God has heard you and is listening - Jeremiah 29:11-14 (4)
- Someone who is exhausted and going through a crisis. God will provide an angel - 1 Kings 19:7 to touch you. (3)
- Someone reluctant to go to Church.
- Someone thinking of leaving the Church.
- Someone depressed over their job prospects, wanting to work elsewhere and finding nothing.
- Someone depressed over their finances.
- Suffering recurrent stomach upsets. (1)

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- Someone with continual colds. (1)
- For someone not sure how much money to give away. (1)
- For someone setting up a charity.
- For an elderly man called Joseph (that may be his first name but he is known by another name, or it may be the name he is known by, though his first name is different.) He wears hearing aids. The Lord wants you to understand that he knows you and loves you. I don't know if he will heal your physical hearing – he may do. But he will help your spiritual hearing/ He will renew your spirit of wisdom and understanding, so that when you read his word in the Bible, you will hear him speak to you in your heart. And he will teach you to give wise counsel to others.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 21/3/2026

First Word

“When you read Scripture, ask me first to open your heart. Let my Spirit fill you and illuminate your reading.”

“The cup of blessing which I bless is a communion with the blood of Christ. Do not be afraid to take from the chalice. Trust in me to take care of all you need for your communion with me.”

Second Word

Come to me in stillness and in silence. I am the Lord. My love for you is so immense that you cannot grasp it. Just believe and accept. I am with you always.

Third Word

When we were in Adoration I had the sense that there were five people on the group today who were facing issues of discernment that they've been struggling with for quite a while. I sense the Lord wants to say to them today “Do not allow yourselves to be shackled by fear, uncertainty and doubt, but allow me to show you the way. I will open up the pathways before you and doors that have been closed will be opened up to you.”

Fourth Word

I got the feeling of warmth and love streaming from the monstrance, and the words “The fire of His love.”

Fifth Word

Isaiah 26:3 (*You will keep in perfect peace those whose minds are steadfast, because they trust in you.*) “In quietness and trust.”

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Sixth Word

"I want to tell you how much I love you each and every day. Let there be no compromise in the way you seek Me, but firmly and fearlessly call on Me for all your needs. These I supply with great generosity of My heart beating for you now and forever."

Seventh Word

Acts 26:16 "I have revealed myself to you to make you servant and witness to what I have just shown you and to what I will show you later on."

Eighth Word

Beauty and radiance of the monstrance were two words that stayed with me - then I was shown both a clockface and a compass. 'I will show you the way.' This may be a personal message!

Ninth Word

Jesus you are the centre of my life and with me always, let me trust you more as you are the Way, the Truth and the Life.

Tenth Word

"Take heart. All is well."

Eleventh Word

"Behold I am making all things new. I stand at the door of your heart - open it to me for I am gentle and humble of heart. My desire for you is for peace and transformation through my Spirit. Trust in Me for I have already overcome sin and evil and given you new life through My Spirit in my love. Hold fast, stay strong and courageous for I am with you always."

Twelfth Word

I had a dream that I was walking up a mountain of steps. When I got to the top, there was a beautiful church. As I walked in, the way of the cross was on the floor, a beautiful picture of Jesus on the way of the cross. I walked in, sat down and prayed. It woke me up and I had a word: "Holy Cross."

Thirteenth Word

"Live within me. Our victory is at hand."

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Someone finding it very difficult to forgive and needs help to receive God's forgiveness. (1)
- Someone needs help to discern their particular servant leadership gifts, either in the role of volunteering, helping the poor, caring for the sick or supporting struggling members of the community - to love one another as Christ has loved you.

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- Someone wants to invite Christ into their inner being and that Christ may dwell in their heart and be shaped by His Holy Spirit to give them a deeper sense of self-worth and faith. (1)
- Someone seeking the Holy Spirit to understand and experience the love of Jesus more deeply.
- Someone who holds bitterness and seeks the Holy Spirit to replace this negative feeling and replace it with love, kindness and compassion.
- For a man who feels abandoned by the Lord. (1)
- For a woman with backache from constipation.
- For a woman struggling to lose weight on the verge of giving up. (1)
- For someone with a bad throat.
- Someone with a crippling pain which is making walking difficult. (1)
- Someone with a terrible headache (2) and eye pain, feeling exhausted with decisions and doubt, (1) come for prayer and give all those burdens to the Lord Jesus.
- Someone with a crippling pain in their back, making it very difficult to move when it comes.

ALTON DAY OF RENEWAL WORDS OF PROPHECY 23/5/2026

First Word

In the Mass it stood out for me: "Blessed is he who comes in the name of the Lord."

"Sing a new song to the Lord and praise him for his grace and mercy." During Adoration I felt he said: "I am with you always. I will never leave you nor forsake you. Take my hand and follow me. Lean not on your own understanding, apart from me, you can do nothing."

And then that poem just came into mind about footprints.

And then Matthew 7:13, it came to mind that thing about the narrow gate: "Enter through the narrow gate, for wide is the gate and broad is the road that leads to destruction, and many go that way. How narrow is the gate and difficult the road that leads to life. Few there are that find it." And I felt, he said, "Stay with me. I am the way, truth, and life. In me you live and move and have your true being. Trust in me, and trust in me and trust in me."

And I also had a picture of the Divine Mercy of Jesus. Trust in Jesus.

Second Word

"Open the eyes of your heart, I'm doing something new. All you have to say is yes and I will do things you cannot imagine in you and in the lives of others. Nothing will disturb your mind. I will bring people to you, and they will form an army of love with you. Be bold. Believe that all you have read in the Acts of the Apostles is true, and it's happening right now, and will carry on happening."

Third Word

I had a picture in which I saw people standing in the streets, waving Christian flags for Jesus. And I saw here how much he loved them but he was also sorrowful, because he knew that for many, he's not first in their hearts; the world having slowly and subtly coaxed them into giving more attention to their devices than to the world. We're all living in a culture that's becoming

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increasingly complex, when the truth of the gospel is being profaned and twisted. What is holy is now often unacceptable and devalued, offensive or thrown out in favour of normalizing what is evil is good and acceptable and desirable, and any voices in disagreement are now considered offensive, and even criminal.

And I feel that he wants our faith to really stand out above the crowd. And what I felt him saying to me is that he wants us to plant flags for him in our hearts. He's asking us:

"Will you fly these flags, my children?

Flags that would touch hearts by the lives that you live.

Flags that would lead others to the truth that is God's love.

Flags that will stand out, for your love, for your neighbour.

Flags that will set captives free and heal the sick.

Flags that stand out for your mercy and forgiveness.

Flags that have the courage to stand up for the truth.

These are the flags that will stand out.

Will you let me plant these flags in your hearts, that they may stand out above the crowds and fly on the winds of my spirit?"

Fourth Word

I had a real sense, the Lord was saying to me that there's a significant number of people who have been praying for a long time, and their prayers haven't been answered, and they're getting quite despondent. I sensed the Lord wanted to say to them, "When you pray, you're not speaking into the air or an empty space, but you're voicing your concerns and sharing your hearts into the very throne room of God."

And then I got Psalm 34 which says "the Lord is close to all whose hearts are crushed by pain, and he is always ready to restore the repentant one. Even when bad things happen to the good and the godly ones, the Lord will save them and not let them be defeated by what they face. God will be your bodyguard and protect you when trouble is near. Not one bone will be broken."

Fifth Word

I've just come out of a tunnel, a bleak tunnel for three months. I lost my appetite and sleep on the 28th of February, but the Lord was in the tunnel, and he's been supporting me with: "Be bold, be strong for the Lord your God is with you, and then fear not, and then in quiet and trust is your strength." But this morning my mind and my heart are filled with the promise: "The joy of the Lord is your strength."

Sixth Word*

I just wanted to say that I find that this time of year now with the nice weather and everything looking so beautiful, it's so easy to see God and to be grateful and see joy and happiness. Yet very often you'll see pictures of devastation and illness and sadness and it's not so easy to see him. But I think in our terrible times, (it's been a bad time for me) it's amazing that you can see how, as you come through that it's possible for everyone.

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Seventh Word

I had the scripture from Hosea 6. "Let us acknowledge the Lord. Let us press on to acknowledge him as surely as the sun rises, he will appear. He will come to us like the winter rains, like the spring rains that water the earth." I just got a sense for those people who were almost tempted to despair, going through a tough time, going through a struggle, that the Lord's promises are true, and he will prevail, and they will not be defeated. And to hold firm to the truth and the hope that we have in Jesus.

And I also got Isaiah 40, where it says, "the grass withers and the flowers fail, but the word of our God stands forever. You who bring good tidings to Zion to go up a high mountain, you bring good tidings to Jerusalem, lift up your voice with a shout." And I just got this overwhelming sense that we all need to ask for more courage from the Holy Spirit to be intentional, to live radical lives. And then one Peter One came to mind, "Be holy, for I am holy." We all really need to be intentional, and I sense this Pentecost that the Holy Spirit is going to give everyone courage to be more intentional, to be devoted to Scripture, to be devoted to standing up for Jesus in our lives, in the face of what amounts to be darkness in the world. And again, you know, the scripture: "You are a chosen people, but to go out with joy." Again, that scripture "the joy of the Lord is my strength." "The word God is alive and active," and we can take comfort in that and we will not be defeated because Jesus has the victory. Amen.

Eighth Word

During Adoration, I was just enjoying it all and then I just got this wave, from the top down, I just felt shivering going all down my legs, just felt cold going everywhere. But then it came to me, you know that only happens because it all comes from your heart. Your heart pumps the blood all around your body, that's the only thing it does, and it's your heart, and it's the love of God, and in adoration, I just felt, yeah, he really loves us, and he's in control. He's saying "don't worry about it, even though your legs may feel like jelly or whatever it is at that moment, don't worry." He will give you that strength. It's your heart and the love of God and His love for you that will keep you going.

Ninth Word

I normally write down what I feel the Lord wants me to say, but I felt him saying quite clearly, no, don't write it down, just give it as it comes to you. And what was coming to me was the Lord saying, "Don't be sad that you can't see me in person. Don't be concerned that you can't hear my voice audibly. I am with you. See me in the people around you and hear me in the words that I've given you in Scripture. I've told you to worship me in spirit and in truth, which means you don't have to have beautiful things to look at or beautiful music to hear when you worship. Those things are a help, but they're not absolutely necessary because ideally, you're worshipping me in spirit and in truth. My spirit lives within you. I live within you. The father lives within you. We are all one and you are in us and we are in you. And that is the truth. That is the truth and just value that and worship us with the depths of your heart and with your whole being, with your whole mind and with your whole strength."

Tenth Word

"I have called you by your name, you are mine"

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Eleventh Word

I saw the earth resting on the sea. Psalm 14: we need to pray for those who reject the Holy Spirit. I thought the sea was baptism.

Twelfth Word

Pray for cancer and personal thirst for God.

Thirteenth Word

“My peace I give you.”

Fourteenth Word

My experience reflected the first prophecy earlier “Praise Him for His Goodness and Mercy,” I have always found Adoration difficult but I took to mind Alastair’s words ‘Ask the Holy Spirit to speak to your heart. I did & got the same words as the first person and was able to go through my life praising Him for all the Goodness he has shown me. beginning with my parents who gave me my faith, and going through the many things in my life I have to be grateful for.

Fifteenth Word

Psalm 90, My refuge my God in whom I trust. He will free you from the snare of the fowler!

Sixteenth Word

The Lord is my strength and my guide. Trust in me.

Seventeenth Word

God is with you in your darkness.

Eighteenth Word

“Be still and know I am here” and the song “You are near” by Dan Schutte

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- The word I had was for healing for someone with tendonitis.
- Someone feeling profound regret re believing they took a wrong path in the past. Grieving for lost opportunities. (4)
- Someone feeling spiritually inert - feeling not able to pray, read anything spiritual or to worship. (2)
- Someone with a persistent skin condition which seems treatment resistant.
- Someone very concerned about a grandchild’s mental and physical health.
- Someone with digestive system problems.
- Someone suffering from back ache.
- Someone suffering bad depression. (2)
- Someone getting cramp in their right calf. (1)
- Someone having issues with their balance. (1)

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ALTON DAY OF RENEWAL WORDS OF PROPHECY 27/6/2026

First Word

I had this word from the Lord. "Love is like a beautiful rose, but if there is a canker inside, it is diseased and looks ugly. Pray that the Lord will heal you. Pray for that which eats away at you to be gone. Bless those who inflict that wound; live and do not just exist, come back to the peace of the Lord." Which I think is a word for someone here.

Second Word

It's five words that I heard during the week, and they came back this morning as I was looking at Jesus. "No room at the inn." Jesus wasn't welcome - the Son of God. And I've asked myself: Is my heart an open inn? And I think the Lord is asking each of us: "Open your heart, Open your inn. Especially to the one who hurt you. And I will help you with my grace."

Third Word

This week we've all been gasping for some refreshment, for some sign of rain, but the Lord said to me: "I will send you times of refreshment, just wait for my Holy Spirit."

Fourth Word

Earlier in the Mass, the word just came to me, "Be still and know that I am God." And then the song came forward about "Jesus' name above all names, blessed Redeemer, Living Word." The bit that spoke to me was about "I give to you, take control." And then during the adoration, I just felt that the Lord said, "Taste and see that the Lord is good. His mercy endures forever. I am the God of the living, not the dead. Let the dead bury their dead. Come and follow me. I will give you the light of life. You will not walk in the valley of the shadow of death anymore. I'm your compass. I will navigate your paths. Lean on me, not on your own understanding. I will make a way where there seems to be no way. I am your protector and provider, abide in me, and I will abide in you. My grace is sufficient for you. I will make streams of living water to flow from your heart entwined with mine."

Fifth Word

I had Isaiah 53:5 which is: "He was pierced for our transgressions. He was crushed for our iniquities. The punishment that brought us peace was on him, and by his wounds we are healed." And I felt the Lord saying: "Trust in me, trust that I will heal you in the way and in the time that I know is best for you." And I felt that the Lord was just asking those of us who are praying for healing in any shape or form to continue to trust in him, not to give up trusting in him, but to know that sometimes he heals in ways that perhaps we wouldn't choose. Sometimes he cures us physically, mentally. Sometimes he just gives us the grace to withstand the suffering and to unite that suffering with his. And in terms of timing, you know, the Lord's timing is perfect, because it's his timing, and it may not be our timing. So just continue trusting in him.

Sixth Word

Jesus is with you through the crucible of doubt and fear you go through, to purify your heart.

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Seventh Word*

I saw a Crucifix with pulsing flame of light expanding. Then little steps alternating on either side of a pole stretching upwards- like the little steps on top of electricity poles.

Eighth Word

i took the words “sunbathe in the sunshine of Jesus’ love a little too literally & just before Adoration ended I realised i had been asleep .I felt guilty. Then I heard the words of Peter 5:7 “Cast your anxieties on Him. He cares for you.”

Ninth Word

“The new creation in you is not finished. I am forever transforming you into the image and likeness of Jesus, my son.”

Tenth Word

“Bless you my child. Stay with me just as I stay with you always.”

Eleventh Word

“Less words and listen more.”

Twelfth Word

“Peace and understanding.”

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Loving your neighbours is the best form of evangelising. Words are not always necessary.
- There is a person addicted to scrolling on the internet, seeking amusement, being controlled by algorithms and feeling guilty for wasting time. Help this person to be disciplined in using the internet for good, quality time purposes, focused on true values and priorities. Allow this person to re-evaluate their lives, making a priority for reading the Bible and treasuring the Word in their hearts as a way to strengthen their faith in Jesus. – Matthew 6:21 “For where your treasure is, there your heart will be also.” (2)
- Transformation through renewing of our minds - Romans 12:2 "Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect." (1)
- A call to Holy Living - 1 Peter 1:13 "Therefore prepare your mind for action: discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed." (2)

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- Man with an upset stomach
- Younger woman with a persistent cough
- Someone suffering badly from stress, feeling suicidal, struggling to cope with everyday tasks. (1)
- Someone feeling that they are losing their faith. The fact that you are watching this mini-retreat says that you have a deep faith, being faithful in spite of what you feel. (1)
- Someone suffering from a rash brought on by the heat on their extremities.
- The child that becomes a rebellious teenager eventually matures into a grown adult. Pray for their vocation. Pray that they stay in the Faith. When they leave, pray for them to return, and trust in the Lord to make it happen.
- I feel that several people are having difficulties about forgiving their parents. They know that their parents must have loved them, though sometimes inadequately, and they feel guilty about forgiving their parents because that means they are judging them. But I feel the Lord Jesus. is saying this to you: "Just hand over to me all your confusion and guilt about this, so that I can deal with it. Trust me to forgive what needs forgiving, Trust me to heal the hurts you experienced. Trust me to open you to the perfect love of our Father in heaven." (2)

ALTON DAY OF RENEWAL WORDS OF PROPHECY 25/7/2026

First Word

"The name of the Lord is a strong tower, the righteous run to it, and they are safe."

But, I've got something else to say, because it's very vibrant in us, Michael and myself: the importance of praising Jesus of Nazareth. Father Pat (Collins) gave us a wonderful example with the "Festal shout." We must praise the Lord at all times. We had to stop our prayer meeting in January because we were so poorly, but we still praised the Lord! Ten people, more than half of the members of the prayer group, have been hit by cancer, aneurysm, tumour, depression, anxiety. But we must praise the Lord, because the Bible says, because it's what the Lord wants.

Second Word

I had this word from the Lord: "I hang on the cross for you. Take up your cross and follow me. I wrap you in my cloak of righteousness. Be not afraid to follow me. I will lead you and guide you. You will know and do my will at all times in all things if you but follow me."

Third Word

I noticed on the host in Adoration the heart, the crown of thorns and the Holy Spirit at the top. And then I got John 16:33 and it's where Jesus ends up saying, "I am not alone for the Father is with me. I have told you all this so that in me you may have peace. In the world, you will have suffering, but take courage. I have overcome the world." And I thought that really resonates with what Father Anthony had also said in his homily, Jesus reminding us not to be afraid and that he has conquered the world.

ADORE PROPHETIC SHARING 2026 (whole year)

Fourth Word

The word I received complements that last prophecy. I felt the Lord was saying: "My child, I am holding you close to my heart. Do not be anxious but rest in my peace. Share your concerns with me, knowing that I have already dealt with them on the cross. And you can now live in the power of my resurrected life."

Fifth Word

"My love for you is greater than the oceans and the seas, greater than the earth itself. Just turn your face and your heart to me and bathe in my love."

Sixth Word

"Taste and see that the Lord is good."

Seventh Word*

"Behold, I am the Lord, the God of all flesh. Is there anything too hard for me?" (Jeremiah 32:27)

Eighth Word

As the Mass started, I was given the words, "Pray that you will overcome being overwhelmed."

Ninth Word

"So long as you suffer, I am with you always until the end of time."

Tenth Word

"I am with you, it will not be easy, and you might not know how it will go, but you know the end, eternal life with God.."

Eleventh Word

There was a distinct line across the host and I kept thinking "this is my body broken for you"

Twelfth Word

I had the Image of a confident mature Lion.

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Someone who has an irrational fear or phobia, Jesus says "I am your strength and shield and your peace." You need to pray this prayer every day - "In Jesus' name and by the authority of His Precious Blood, I rebuke the fear of ..." and name each fear. (3)
- Someone with a continual upset stomach. (1)
- Someone with deep sadness, grieving for what might have been. (2)

ADORE PROPHETIC SHARING 2026 (whole year)

- Someone trying to lose weight and not succeeding. (1)
- Someone with depression, sapping away their strength, needing to let go of the past. We only live this life once and the past will not come back again.
- Someone suffering from headaches in the heat. Drink more water.
- Someone wanting to take more exercise but struggling to get off the couch.
- There is someone who is, or has been experiencing a storm in their life. God has heard your cry and wants to demonstrate His steadfast and unconditional love. Allow the Holy Spirit to bring forgiveness through Christ and enable you to respond in faith to grow in holiness, obedience and love. - 2 Thessalonians 13-14 (3)

ALTON DAY OF RENEWAL WORDS OF PROPHECY 22/8/2026

First Word

Throughout a difficult time recently including a major operation the Lord has been saying to me: "I will carry you – trust in me." Then afterwards: "Didn't I tell you, if you believed you would see the glory of God."

Second Word

"Under my wings you will find refuge."

Third Word

A lot has been happening this summer in the world – shaking the world physically, spiritually and morally, and I was asking the Lord what He wanted to say about that. And I think His message to us today is that He wants us to believe how He loves each one of us passionately. His love, guidance and hope remain steadfast in all the chaos, moral confusion and challenges we come up against in our lives. He promises that when we trust him with all our hearts, not leaning on our own understanding of how and why things are, (Proverbs 3:5) but acknowledging and discerning His will, He will make straight our paths and lead us in the way of peace.

I also believe that He is calling us to be a calm, faith-filled presence amidst all the confusion. In these times we must not let our hearts be troubled or be afraid for He has promised to give us His divine peace (John 14:27). He is asking us today to keep our eyes focused on Him: persevering in faith, love, holiness and hope. Let us ask each day how we can bring the light of his love to our broken world.

Fourth Word

I have words for anyone who is feeling alone or forgotten: "You are mine. You are my beloved."

Fifth Word

"Rest in me."

ADORE PROPHETIC SHARING 2026 (whole year)

Sixth Word

I only have something very small but it seems to mix in with what everyone else is saying. The words I got this morning were: "Jesus I trust in you." And "Trust in me, lean not on your own understanding."

Seventh Word

During Adoration I was struck by two words: Purity and Simplicity. And then I got the word "Attachment" and it was attachment to God and not the things that surround us. Then John 15:5 came to mind, which is about the vine and the branches and the need to stay attached to God. Then Colossians 2:6-7 which says "So then, just as you received Christ Jesus as Lord, continue to live your lives in Him, rooted and built up in Him, strengthened in faith as you were taught and overflowing with thankfulness." And I felt the Lord is telling us, despite everything that is going on, to keep our gaze fixed on Him, stay attached to Him.

Eighth Word

Jesus loves each and every one of us. He died for us, He rose again, He sent the Holy Spirit. It doesn't matter how damaged or broken we are, we matter to God

Ninth Word

"I am continually breathing my Spirit into you, but I encourage you to breathe Him in deeply, to fill your lungs and your whole being with my presence, my holiness, my love, my mercy. Then breathe out all that I am and all that I have given you onto others."

Tenth Word

God's love is infinite. No matter how many times we stray, He will always welcome us back to Him with open loving arms.

Eleventh Word

I feel that LOVE and MERCY go together - you can't have one without the other! A simple thought but very profound.

Twelfth Word

God loves you and has a good plan for your life. You already have Christ's light within you. Learn how to share His light with the world.

Thirteenth Word

"I am making all things new".

Fourteenth Word

"The people in darkness have seen a great light." We all need to show that light in our Christian actions and words to others.

Fifteenth Word

I felt the Lord saying that we are all going for gold but most people are in the bronze stage of their lives: "I am with them in their journey to gold."

ADORE PROPHETIC SHARING 2026 (whole year)

Sixteenth Word

Every day this week I had these words come to me: “This is my body given for you. bringing completeness making you new, take it and eat it and when you do, do it in love for me.”

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Someone suffering long-term treatment -resistant depression and now feeling suicidal and without hope. (2)
- Someone suddenly feeling very self-conscious and wondering how others are seeing them.
- Someone with outer thigh pain finding it difficult to walk.
- Someone who previously held high-power jobs and is now worried about their mental capacity. (3)
- Someone who is wanting to know more about the Scriptures and wants to join a group but does not know how or where. (1)
- For someone in real fear of fire from the excessive heat ... words from Isaiah 43:2 ‘Should you walk through fire, you will not suffer and flame will not burn you.’
- The preacher plants and waters through preaching the Word. But God is the One who changes the heart – and gives the growth. (1 Cor 3:6-7) Therefore, today, it is God who has chosen you, because of the preaching and the message of the Gospel that will come to you today, not in word only, but also in the power of the Holy Spirit and with full assurance. (Thess 1:4-5) Because God’s saving initiative will transform your life, particularly if experiencing doubts and difficulties. So, your faith comes through hearing, and hearing through the Word of Christ. You will hear and God will use the word to produce faith in your heart. (Rom 10:17) (1)
- Someone with a painful right knee (1)
- Someone having difficulty breathing deeply (not because of the heat). (2)
- Someone with failing eyesight.
- Someone depressed by the state of the world and losing faith as a result.
- A youngish newcomer searching for meaning in life in many different places. Jesus says to you personally, “I am the Way. You can trust in Me.”
- Someone with a persistent, recurring headache. (2)
- Someone with pain below the right shoulder blade. (2)
- Someone with an upset stomach – smelly wind and no output! (1)
- Someone producing too much urine.
- Someone who wants to be a beacon of light for Christ, to pass on the faith to others.(2)
- Someone trying hard to curb speeding and dangerous driving. Somehow the speedometer always seems to creep up.
- A woman feeling isolated and lonely. (2)
- A woman feeling heartbroken at her grand piano being taken away.

ADORE PROPHETIC SHARING 2026 (whole year)

ALTON DAY OF RENEWAL WORDS OF PROPHECY 19/9/2026

First Word

First of all I saw a picture of Jesus standing in a field of wheat, holding up a handful of it in front of his chest. The words I got were "Abide in me and I will abide in you. Draw water from my wellspring of salvation. I am the light of the world, whoever comes to me will not live in darkness any longer. I am the eternal shepherd – follow me and I will show you the path of life. Lay down your life before me. Just as I told the crippled man to pick up his mat and walk, so - in and with me - will you be able to do these things for my glory and your salvation. Do not be afraid for I am your Lord: I will never leave you nor forsake you. You are mine: I the Lord look after my own.

Second Word

I have a very very simple word. I felt the Lord was saying. "How much have you let me love you?" I was going to interpret that: we're all perhaps so busy doing, serving, praying, But the Lord is saying to us "How much do you let me love you?" Interpret that the way he's talking to each one of us. I could interpret for me, but it wouldn't be for you. So, just; "How much do you let me love you?"

Third Word

I was watching the monstrance and praying and suddenly my mind was focused elsewhere and then I heard the Lord say "Focus on me. Keep your eyes fixed on me." And then the lines from the song "Turn your eyes upon Jesus, look full on his beautiful face and the things of the earth will grow strangely dim in the light of his glory and grace."

Fourth Word

I was looking at Him and was reminded of a prayer that, years ago when I was in depression, became like a Gospel to me because I couldn't pray. It goes like this: "I am the Lord of love, the Lord of peace. I am the one who is moving gently, leading, drawing you into all that is new and good and lovely. All that I have for you is good, all that you need is available now. So do not fret, do not rush, do not panic. Just rest and wait and wait and rest. Let the water flow on, carrying you. Leave it all to me, for I am the God who comes gently to you. I am the Lord who loves you deeply. I died, I went to Gethsemane for you. How can I lead you into death now? No, I am the Lord of life and I lead you on into new and wonderfully green pastures. There is no need to struggle anymore, just step on gently in my love. I have you by the hand. I am not rushing you. We will go together into tomorrow and all the tomorrows. I am with you - trust me, for I cannot let you go." *(Written by an anonymous author)*

Fifth Word

"All is well, all manner of things shall be well in the storms of life. Remember this: I am with you always to the end of time."

ADORE PROPHETIC SHARING 2026 (whole year)

Sixth Word

“Just as the ornate monstrance gives glory to Jesus present in the Blessed Sacrament, so you also should give him glory, praise, honour and worship; and put him at the centre of your whole being so that his glory and holiness will fill you to overflowing; so that others will be blessed by God’s presence in you.”

Seventh Word

“I give in abundance - use in abundance.”

Eighth Word

From a chant: “Let my heart always welcome Your love. Do not let my doubts or darkness speak to me.”

Ninth Word

Words I got were also 'Look at Jesus'.

Tenth Word

“I love you”.

Eleventh Word

I felt the Lord was saying “keep me at the centre of your life and grace and blessings will follow.”

Twelfth Word

“Before anything else, I want your heart. Anything else is not relevant before this. When you have fully given me your heart, then everything will fall into place and you will see wonders and signs. Rest in me for my yoke is easy and my burden light. Do not fear where I am leading you.”

WORDS OF KNOWLEDGE FOR HEALING

(Figures in brackets are the numbers of people who claimed these words of knowledge during the telephone prayer ministry which followed the meeting.)

- Someone whose faith is like a flickering candle flame - very uncertain. The Lord knows your situation; he doesn't blame you; he loves you and wants to help you. Pray to the Holy Spirit each day that the flickering flame will ignite into a powerful blaze.
- A woman with a painful rash on her right arm. You love gardening and this may be an allergic reaction to a plant. Consult a pharmacist if you haven't already, and also pray with trust for healing.
- Someone frightened of mathematics and of dealing with money. The Lord wants to give you peace and take away your fear. (1)
- Someone feeling guilty for lack of forgiveness in a family relationship, through poor self-control, caused by feeling tired, stressful or sickness. But seeking healing prayer for yourself. Wanting to free yourself from anxiety, shame, rejection, loneliness, abandonment or lack of self-worth. Therefore, seek prayer for the Holy Spirit to heal you of your wounds and fill your heart with love and to honour and give Glory to God. (4)

ADORE PROPHETIC SHARING 2026 (whole year)

- Jesus prayed from the cross "Father, forgive them for they know not what they are doing" - Luke 23:34. Therefore, help me understand that the measure I forgive, is the measure of my forgiveness. Luke 6:38 - "give and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back." I need prayer to receive this special gift of forgiveness.(6)
- Someone with a persistent headache (1)
- Someone unable to open jars easily (1)
- Someone with sinusitis (2)
- Someone with an unbalanced stomach, going from one extreme to the other (4)
- A woman with an aching right shoulder (3)
- A man with sciatica in the upper right leg
- A man with regular night cramps of the lower right leg